

A'ZAM BARATI PhD

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EDUCATION:

- | | |
|-----------|---|
| 2015-2022 | PhD in counseling and guidance Azad University of Arak,Iran |
| 2009-2011 | Masters degree in counseling and guidance from Azad University of Rodehen-Tehran, Iran |
| 2005-2009 | Bachelors degree in counseling and guidance from Azad University of Rodehen-Tehran.Iran |

ENTERNSHIP :

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| 2016- 2020 | Implementation of the training courses with the AYESH method Gestalt therapy Tehran, Iran. |
| 2009-2011 | Azad University of Rodehen-Tehran , Iran |
| 2005 –2009 | onsultant for children and adolescents in schools Tehran, Iran |

WORK EXPERIENCE:

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|---------------------------|---|
| 2022 --present | University guest lecturer Azad University in Mahalat , Iran |
| 09/2017-present | University guest lecturer payam noor .Tehran.Iran |
| 02/2020 - 02/2021 | Mental health advisor to the CEO of Foulad Company Tehran, Iran |
| 02/2011 – 03/2021
Iran | Manager of human resources and of Verafan Tos company Tehran, |

03/2011- present Family counseling in private practice family and marreg office Tehran, Iran

02/2016 - -present Evaluator of the evaluation and development center for managers and employees Tehran, Iran

02/2003 -03/2008 The founder of the association for the support of orphaned or abused women Tehran, Iran

02/1985-04/1989 Secretary and cashier at the hospital Tehran, Iran

07/1983 -09/1983 Secretary of office Tehran, Iran

HONORS :

2022 Member of the American Psychological Association - APA
c2204013538
ID card holder from OVESINA international University of Georgia

2021 The first author of the article on the effectiveness of Gestalt therapy on Controlling . (https://mums.ac.ir/article_18874.html)

2016 Winning the second place in scientific competition _ TED –student psychology . Arak , Iran

2013 Received a certificate of appreciation as the writer of the year.
Member of the editorial board of petrochemical family monthly
Member of the editorial board of HSEE health, safety , energy , Monthly . Tehran , Iran

Member of the editorial board of magazines and the committee of judges of scientific magazines and scientific festivals judges of scientific magazines and scientific festivals. Tehran , Iran

EXTRA CURRICULAR ACTIVITIES:

2022 Acceptance and commitment online training workshop – ACT. Tehran , Iran

2018 Treatment of disorders-Elena social Harm Reduction-Oxford . Tehran , Iran

Treatment center for assessment and development of managers . Tehran , Iran

2017 International coaching HIB . Tehran , Iran

Glasser International Reality Therapy . Tehran , Iran

Parenting teacher training based on choice theory . Tehran , Iran

Diagnosis and treatment of anxiety. Tehran , Iran

2016 Child psychotherapy . Tehran , Iran

Couples therapy. Tehran , Iran

MMT – addiction treatment Tehran , Iran.

2015 Reciprocal behavior analysis – TA . Tehran , Iran

Effective methods in learning the principles of interpersonal. Tehran , Iran

- SEX therapy . Tehran , Iran
Relationships. Tehran , Iran
- 2011 Life skills coaching. Tehran , Iran
Gestalt therapy . Tehran , Iran
Diagnostic interview . Tehran , Iran
Premarital counseling . Tehran , Iran
Stress management – CBT . Tehran , Iran
Choice theory . Tehran , Iran
Familliarization with psychiatric drugs . Tehran , Iran
- 2010 Gestalt therapy . Tehran , Iran
Shema therapy . Tehran , Iran
Acceptance and commitment _ ACT . Tehran , Iran
Reality therapy . Tehran , Iran
Self-exploration and personal growth . Tehran , Iran
Emotion-oriented couple therapy . Tehran , Iran
Crisis management . Tehran , Iran

PUBLICATION & PRESENTATION :

- 2021 The article comparing Gestalt coaching and ACT training on the level of Control . (https://mums.ac.ir/article_18874.html)

- 2020 Comparing the effectiveness of Gestalt coaching and ACT on EQ and self-Efficacy. .(<https://rbs.mui.ac.ir/article-1-937-fa.html&sw=%D8%A7%D8%AA%DB%8C>)
- 2017 Job burnout of raising . ,Tehran , Iran
Child and adolescent upbringing by parents from the perspective of Gestalt therapy . ,Tehran , Iran
Teenage disobedience . ,Tehran , Iran
- 2016 Psychosocial injury of employees of satellite companies . ,Tehran , Iran
Comparison of Gestalt therapy and positive thinking. ,Tehran , Iran
- 2015 Compiled and published the book Gestalt therapy and Stress,Tehran , Iran.
- 2014 The effectiveness of group Gestalt therapy on stress. ,Tehran , Iran
International Journal of current Life sciences
Manuscript Number:IJCLS-1441/2014
INTERNATIONAL JOURNAL OF CURRENT LIFE SCIENCES
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THE EFFECT OF GROUP GESTALT THERAPY ON STRESS COPING STRATEGIES AMONG WOMEN