

Kamdin Armani

Psychologist

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Vancouver, BC (604)906-4489

PROFILE

14 years of experience in therapy, coaching and teaching. Which includes Research experience. Professional member of CCPA (Canadian Counseling and Psychotherapy)

EXPERIENCE

Framing Manager : Michaels North Vancouver 08/2023-present

Owner of online clinic : clinic.armani.life

Psychotherapist and coach: Armani.life 2018-present

Assistant professor: Naser khosro institute of higher education 2019-2022

University lecturer: Islamic Azad University of Yadegaremam 2017-2020

Psychotherapist: Siavoushan Psychology Center 2016-2020

Psychotherapist and coach: Meraj Psychology center 2011-2016

Psychotherapist and coach: Health house municipality of Tehran 2010-2013

RESEARCH EXPERIENCE

Article (Research)

- The Effectiveness of Group Logotherapy on Resilience and Quality of Life in Students, Journal of Psychology New Ideas

Books (Authorship)

1. "Intimacy, Parental Compatibility, and Adolescent Happiness"

2. "Integration: A Journey Towards an Ideal Life"

3. "Logotherapy: From Existential Voids to Genuine Happiness"

EDUCATION

Masters in Clinical Psychology

2012 - 2014 University of Tehran

(Verified International Academic qualifications was issued by WES)

BA in Clinical Psychology

2006 - 2010 Islamic Azad University of Roodehen

WORKSHOPS & CERTIFICATES

Mental Health Academy 2024:

- **Psychological First Aid**
- **Working with ADHD in Adults**
- **A CBT Based Manualized Group Program for Adolescents with ADHD**
- **Working with ADHD in Children and Adolescents**
- **The Science of Focus**
- **How the Ego Survives: Neurobehavioral Evidence of Mechanisms of Maintenance and Change**
- **Providing Therapy for Non-Traditional Romantic Relationships**
- **Post Traumatic Growth (PTG)**
- **Mindfulness Essentials for Therapist Self-care**
- **Suicide and Happiness: Using Suicide Theories and Data to Construct Meaningful Interventions**
- **Love, Grief & Suicide: An Expressive Arts Approach**
- **On Butterflies, Tornadoes, and Suicide Prevention**
- **Addressing Race-based Stress & Suicide Behaviors Among Minoritized Populations**
- **Silent Killer: Covert & Overt Relationship Distress**

- **The Suicide in Schools Model: Prevention, Assessment, Intervention and Postvention**
- **Applying Neuroscience-Based Treatment to Self-Directed Violence**
- **The Integrated Motivational-Volitional Model of Suicide in Community Populations**
- **Assessing and Treating Suicidal Ideation in LGBTQIA+ Youth: EFT Therapy Approach**
- **Digitizing Safety**

Positive Psychology Martin E.P. Seligman, phd University of Pennsylvania 2022

EFT(Emotional Focused Therapy)100 hours Arash Ramezani, phd (Student of professor Greenberg)2017

Psychological Internship (500 hours) Behsa clinic 2016

Yoga and psychology (Shahid beheshti University) **Psychodrama** (Alame tabatabae University)

Kindergarten management (176 hours) (University of Social Welfare and Rehabilitation Sciences 2013)

Internship in kindergarten (300 hours) (Avaye Minoos Kindergarten 2014)

Teaching , Treating couples and families course (100 hours)(Tehran University Counseling Center 2014)

Couple Therapy (52 hours) (Institute of Psychology and Educational Sciences,University of Tehran 2013)

Predictors of Divorce and Emotional Failure (Iranian marriage and family association 2018)

Schema Therapy (Tehran University Counseling Center 2013)

CBT (Institute of Psychology and Educational Sciences, University of Tehran 2013)

Body language (Institute of Psychology and Educational Sciences, University of Tehran 2013)

Life skills coaching (Tehran University Counseling Center 2014)

Life skills coaching for children (Tehran University Counseling Center 2013)

Cognitive Therapy for Children _ Play Therapy for Children (Iranian Psychological Association 2015)

Introduction to Neurofeedback and Biofeedback Course (Paarand Center for Human Enhancement 2013)

Psychotherapy and counseling (Psychology And Counseling Organization Of Iran 2009)

Theater Acting course (Karname institute 2007-2008)

LANGUAGE

English | Farsi

INTERESTS

Art | Texture art | Painting | Yoga | Cooking | Beauty | theater