Safoora Sepehri (PhD, MA, BA)
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Academic Qualifications

M.A. in Psychoanalytical Studies
Birkbeck University, London, UK
2022–2023
Thesis: An exploration of the unconscious motivations behind the decision to adopt the hijab amongst the Iranian diaspora in the UK (Qualitative analysis).

Ph.D. in Educational Psychology
Shahid Beheshti University, Tehran, Iran
2007–2012
Thesis: Investigation of decision-making process in mate selection for marriage through information seeking method (Quantitative analysis).

M.A. in Educational Psychology
Shiraz University, Iran
2004–2006
Thesis: The Effect of Field Study on Goal Orientation with Emphases on Epistemological Beliefs (Quantitative analysis).

M.S. in Theoretical Physics
Shiraz University, Iran
2002–2004

B.A. in Physics
Shiraz University, Iran
1998–2002

Professional Memberships

- Chartered Member, British Psychological Society (BPS), Membership No: 69825

- Registered Psychologist, Iranian Psychology and Counseling Organization, Registration No: 7221

- Post Foundation Student, Institute of Psychoanalysis

Professional Experience

Psychotherapist
Self-employed, North West London
2012 – Present

- Provide psychotherapy to Iranian clients through face-to-face and online sessions.

Research Assistant
Family Research Institute, Shahid Beheshti University
2011 – 2012

- Conducted research on the validity and reliability of the attitudes about romance and mate selection scale. Co-authored and published related papers.

Teaching Assistant and Lecturer
Shahid Beheshti University and Azad University, Tehran, Iran
2007 – 2012

- Taught courses in Learning Psychology, General Psychology, Inferential Statistics, Descriptive Statistics, and English for Psychology.

- Supervised student research projects and theses.

Research Experience

M.A. Thesis Research
Birkbeck University, London
2022 – 2023

- Conducted psychoanalytic narrative analysis on the unconscious motivations behind the decision to adopt the hijab amongst the Iranian diaspora in the UK.

Ph.D. Thesis Research
Shahid Beheshti University, Tehran
2007 – 2012

- Designed and implemented a simulated environment for mate selection using C programming.

- Analyzed data using SPSS and published several papers on decision-making in mate selection.

Publications

1. **Sepehri, S., & Bagherian, F.** (2013). Generation and gender differences in mate selection. *Procedia-Social and Behavioral Sciences*, 84, 10-12.

2. **Sepehri, S., Bagherian, F., Thorngate, W., & Bagherian, F.** (2012, January). Mate selection: Preference or importance? *International Journal of Psychology*, 47, 711-711.

3. **Sepehri, S., Mazaheri, M., & Bagherian, F.** (2012, January). Prediction of criteria of mate selection based on big five personality traits. *International Journal of Psychology*, 47, 416-416.

4. **Sepehri, S., & Tavakoli, M. H.** (2012). An Investigation on Validity and Reliability of the Attitudes about Romance and Mate Selection scale. *J Famil Res*, 7(28), 401.

5. **Ebrahimi, S., Pakdaman, S., & Sepehri, S.** (2011). The relationships among achievement goals, classroom climate, and perceived ability and instrumentality in adolescents.

6. **Sepehri, S., & Pakdaman, S.** (2010). Family Communication Pattern and Parents and Children Conflicts. *Psychological Methods and Models*, 1(2), 61-75.

7. **Sepehri, S., & Mazaheri, M. A.** (2009). Patterns of family communication and personality variables among college students.

8. **Sepehri, S., & Latifian, M.** (2008). The effects of epistemological beliefs on goal achievement in university students. *Iranian Journal of Psychiatry and Clinical Psychology*, 13(4), 385-392.

9. **Joukar, B., & Sepehri, S.** (2007). The Relationship between Happiness and choice methods. *Psychological Studies*, 2(3-4), 125-137.

Conference Presentations

1. **Sepehri, S., Bagherian, F., Thorngate, W.** (2012). Mate selection: Preference or importance? *XXX International Congress of Psychology*, Cape Town, South Africa.

2. **Sepehri, S., Bagherian, F., Mazaheri, M.** (2012). Prediction of criteria of mate selection based on big five personality traits. *XXX International Congress of Psychology*, Cape Town, South Africa.

3. **Sepehri, S., Bagherian, F.** (2011). Generation and gender differences in mate selection. *The 2nd World Conference on Psychology, Counseling and Guidance*, Antalya, Turkey.

4. **Sepehri, S., Tavakoli, M. H.** (2012). Wrong beliefs about mate selection in single students. *The 6th Seminar of College Student's Mental Health*, Gilan University, Iran.

5. **Sepehri, S., Pakdaman, S.** (2010). The prediction of adolescence conflict resolution styles by communication pattern. *The 4th National Congress on Family Pathology*, Tehran, Iran.

Additional Training and Courses

- **Comprehensive Course of Psychoanalysis** by Dr. Alireza Tahmasb, Khaneh Tajrobeh, 2021-2023

- **Clinical Seminar and Live Supervisions** by Dr. Nahaleh Moshtagh, Ham Ava Institute, 2021

- **Clinical Seminar and Live Supervisions** by Dr. Nahaleh Moshtagh, Ham Ava Institute, 2020

- **Techniques in Psychoanalysis** by Dr. Safoora Mohamadian, Ham Ava Institute, 2020

- **Analytical Group Therapy** by Dr. Alireza Abedin, 2012

- **Clinical Observations with a Psychodynamic Approach** by Dr. Alireza Abedin, Shaheed Beheshti University, 2011-2012

- **Intensive Short Term Dynamic Psychotherapy** by Dr. Nima Ghorbani, Tehran University, 2011

- **Marital Conflicts in Young Spouses** at The 4th National Congress on Family Pathology, 2010

- **Modeling Social Consequence of Cognitive Processes** at The Third National Congress of Cognitive Science, 2009

- **Conflict Resolution in Relations of Spouses** at The Third National Congress on Family Pathology, 2008

- **Editing and Writing of Research Articles in English with APA Standards** by Warren Thorngate, Shahid Beheshti University, 2007

- **Uses of Creative Art Methods in Teaching Life Skills to Children** at The First National Congress of Art Therapy in Iran, 2006

- **Uses of Narrative Therapy on Children Psychotherapy** at The First National Congress of Art Therapy in Iran, 2006